



Program Fact Sheet

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Program Description

Caregiver Homes of Massachusetts provides a home and community-based nursing home diversion program for elderly and disabled adults with complex care needs. The key components of the program model that have resulted in rapid growth are:

- Service for clients who are Nursing Facility eligible – but desire to remain in the community;
- Reimbursement to family caregivers who live with the client and provide daily personal care, and;
- Use of technology to enhance the Case Management team function with daily client information submitted by the caregiver and review by the Registered Nurse and Care Manager.

Outcomes

Program Admissions and Lengths of Stay

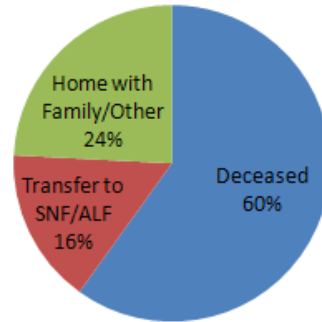
Total admissions since 2004: 863

Discharges: 199

Client days: over 230,000

Average LOS (for discharged Clients): 276 days (about 9 months). This figure varies greatly – some clients have had LOS of 3+ years.

Reasons for Discharge



Adjunct Services* provided – aimed at keeping our clients community based

Here we are reporting only on our most complex clients (those with at least 3 ADLs on admission).

- Adult Day Health: 34% use at least once per week
- VNA (visiting nurse): 69% have used at least once
- Therapy (PT/OT) Services: 40% have used at least once
- Hospice: 14% have utilized
- Home Health Aide: 24% have used at least once

*These services are provided by external agencies and organizations

Clients –Frail with Multiple Presenting Problems

Client Diagnoses: 20% have 5 or more diagnoses noted by the primary physician on the pre-admission assessment. **For clients over the age of 60:**

- Dementia: 37% have Dementia (12% Alzheimer’s, 25% “Other”)
- Cardio: 65% Hypertension, 18% CVA, 19% CAD, 16% CHF
- Respiratory: 21% Emphysema/COPD/Asthma
- Musculoskeletal: 31% Arthritis, 24% Osteoporosis
- Vision: 13% Cataract, 7% Glaucoma
- Psychiatric: 35%
- Other: 33% have Diabetes

Client Functioning (Activities of Daily Living): On average, our Clients require physical assistance on 5.2 out of 10 ADL's. This table shows the % of Clients (**over age 60**) with “Limited” or greater dependence at admission:

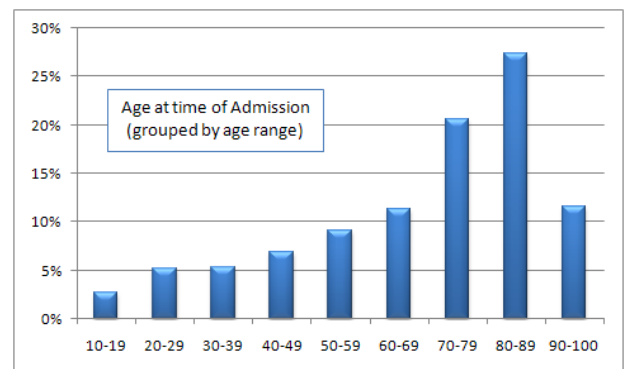
30%	Mobility in Bed	52%	Transfers	35%	Locomotion in Home
78%	Locomotion outside of Home	74%	Dressing – Upper	81%	Dressing – Lower
14%	Eating	56%	Toilet Use	55%	Personal Hygiene
				90%	Bathing

Client Contenance: Contenance is a frequent problem for our Clients. 20% report contenance problems worsening in the 90 days prior to admission. **For Clients over age 60:**

	Bladder	Bowel
Continent (with or without device)	35%	58%
Some level of incontinence	65%	42%

Clients - Described

- The average client age at admission is 68 and 60% are age 70 or older
- 71% of our clients are Female
- We accept younger clients (13% are under age 40), the majority of whom have developmental disabilities or psychiatric problems
- Our clients come from diverse backgrounds: 45% are non-white.



Caregivers – Described

- 79% of our Primary Caregivers are Female
- 58% are alone in the home with the Client (no in home partner)
- 88% of the time, the Caregiver is a family member (most often the daughter, then son)

Impact of Family Caregiving

Clients with Family Caregivers have longer Lengths of Stay in the Program

Clients with Non-Family Caregivers are discharged most often to SNF's

	Family Caregiver	Non-Family Caregiver
ALOS (in days)	270	157

Reason for Discharge	Family Caregiver	Non-Family Caregiver
Death	70%	38%
SNF	13%	54%
Other	17%	8%